

PADMA DIGESTIN

PADMA AG

Capsules

PADMA AG

Tibetan medicinal product

AMZV

What is PADMA DIGESTIN and what is it used for?

PADMA DIGESTIN is a Tibetan herbal medicinal product (components listed in composition). According to Tibetan conception, the formulation enhances digestion.

PADMA DIGESTIN is traditionally used for disposition to poor digestion or for digestive disorders, as manifested by feelings of pressure or fullness in the stomach area, or flatulence. PADMA DIGESTIN is also used for poor appetite (e.g. during convalescence).

What else should be considered?

You should ask a doctor for advice if you have stomach problems which are characterised by spontaneous pain or pain on pressure to a small area, or a general feeling of illness.

PADMA DIGESTIN is also suitable for diabetics. One capsule contains 0.09 g utilisable carbohydrate.

When must PADMA DIGESTIN not be used or used only with caution?

You must not use PADMA DIGESTIN if you know you are hypersensitive to one of the active substances (see composition). If your symptoms worsen, you should see a doctor.

If you have a severe disease of the gastrointestinal tract, you may only use PADMA DIGESTIN on a doctor's recommendation.

There are no studies on the use of PADMA DIGESTIN in children and adolescents. Therefore, the use in children and adolescents is not recommended.

PADMA DIGESTIN can have an effect on drugs taken simultaneously. If you are taking any other drug alongside PADMA DIGESTIN, you should seek the advice of a medical professional.

Inform your doctor, pharmacist or druggist if you

- Are suffering from other diseases or
- Have allergies

May PADMA DIGESTIN be taken during pregnancy or breast-feeding?

Current experience indicates that there is no risk for the child if PADMA DIGESTIN is used according to instructions. However, no systematic studies have been performed.

As a precaution, you should not take medicines during pregnancy or breast-feeding, or should ask your doctor, pharmacist or druggist for advice.

How do you use PADMA DIGESTIN?

Adults (from 18 years): Unless otherwise prescribed, take 2-3 capsules in the morning together with ample fluid. In more persistent cases, an additional dose of 2-3 capsules can be taken in the evening. For acute symptoms after a large meal, take 2-3 capsules. The maximum daily dose is 6 capsules.

It is not recommended to use PADMA DIGESTIN in children or adolescents under 18 years of age, as there is a lack of relevant clinical data.

You obtain the best results if you take the capsules on an empty stomach, with as much warm fluid as possible. Persons with difficulties in swallowing should suspend the contents of the capsules in warm water.

You must comply with the dosage given in the package leaflet or with your doctor's instructions. If you think that the medicine is acting too strongly, or not strongly enough, contact your doctor, pharmacist or druggist.

What are the possible side effects of PADMA DIGESTIN?

No side effects have been reported when PADMA DIGESTIN is used according to instructions. Inform your doctor, pharmacist or druggist if you nevertheless observe side effects.

What else is there to consider?

Like other medicinal products, PADMA DIGESTIN must be stored out of the reach of children. The medicine may only be used till the date marked with «EXP» on the container.

PADMA DIGESTIN must be stored in the original packing at room temperature (15 – 25°C).

Your doctor, pharmacist and druggist have access to the detailed information for medical professionals and will be able to answer further questions.

What does PADMA DIGESTIN contain?

One capsule contains the powder of: Pomegranate seed 204 mg, lesser galangal rhizome 102 mg, long pepper 25.5 mg, cardamom seed 12.75 mg, cassia bark 12.75 mg, with excipients. The capsule shell consists of cellulose (hydroxypropyl methylcellulose)

Marketing Authorisation Number

59375 (Swissmedic)

Where can you buy PADMA DIGESTIN? What package sizes are available?

In pharmacies and drugstores without a medical prescription.
Supplied in packages of 20 and 60 capsules.

Marketing authorisation holder

PADMA AG, Haldenstrasse 30, 8620 Wetzikon, Switzerland

Manufacturer

PADMA AG, Haldenstrasse 30, 8620 Wetzikon, Switzerland

This package leaflet was last checked by the Swiss Agency for Therapeutic Products (Swissmedic) in November 2017.